

WELCOME TO THE EXCHANGE

How about a fabulous specialty martini, frozen drink or bottle of wine to start your meal off right???

Just remember to save room for our decadent desserts and delicious coffee drinks

Soups

Soup du jour cup \$2.50 bowl \$4.50

Our chefs creation made fresh daily

Onion Soup \$4.99

Traditional French classic with garlic crouton and three cheeses, provolone, Swiss & mozzarella baked in a crock

Starters

Mozzarella Stix \$5.99

5 Batter dipped stix served with our homemade marinara sauce

Cheese Nachos \$6.50

A heaping platter of homemade corn chips smothered with melted cheddar & monterey jack cheeses served with salsa and sour cream

Nachos Supreme \$8.99

Our cheese nachos topped with Mexican beef, refried beans, lettuce, tomato & jalapeno peppers served with salsa and sour cream

Shrimp Cocktail \$9.50

5 of the largest shrimp available served with spicy cocktail sauce & lemon

Potato Skins \$6.99

A full platter loaded with cheddar, Monterey jack & bacon served with sour cream

Jalapeno Poppers \$6.99

Jalapeno peppers stuffed with cheddar cheese, battered & deep fried & served with salsa

Fried Calamari \$8.99

Fresh calamari lightly breaded and fried served with zesty marinara sauce and lemon

Chicken Fingers \$6.50

Jumbo all white meat chicken tenders breaded and fried served with honey mustard sauce.....add French fries \$2.50

Garlic Clams \$7.99

1 dz. of the sweetest Long Island littlenecks in a roasted garlic & butter sauce

Buffalo Wings \$7.50

12 Meaty jumbo wings tossed in hot sauce served with chunky blue cheese sauce and celery

- Cheese Quesadilla** \$6.99
 2 jumbo flour tortillas stuffed with cheddar & monterey jack cheeses served with salsa & sour cream... 1/2 portion \$4.50
 grilled chicken add \$2.50... grilled flank steak add \$2.99
- Munch Bucket** \$10.99
 An **EXCHANGE** tradition ... Fried Shrimp, Chicken Fingers, Mozzarella Stix, Jalapeno poppers, onion rings and waffles fries served in a tortilla bucket with honey mustard, BBQ, marinara for dipping
- Veggie Spring Rolls** \$6.99
 Stuffed with julienne fresh seasonal vegetables in traditional crisp spring roll wrappers fried & served with hoisin ginger sauce
- Shrimp Trevisano** \$9.99
 3 Jumbo shrimp wrapped with prosciutto and double smoked bacon, pan fried served on organic baby greens with mandarin oranges & homemade orange vinaigrette
- Stuffed Mushrooms** \$7.50
 Jumbo mushroom caps stuffed with Maryland lump crabmeat, pan fried, finished with a cream sherry sauce with fresh herbs
- Crab Cakes** \$10.50
 2 Maryland Jumbo lump crabmeat cakes pan fried served on organic greens with homemade tarragon dill remulade
- Mozzarella en Carroza** \$6.99
 Fresh mozzarella layered with semolina bread, battered and fried served with a zesty marinara dipping sauce
- THE Sampler** \$10.99
 Homemade cheese quesadilla, jalapeno poppers, buffalo wings with tortilla chips, guacamole, sour cream and salsa for dipping

 **Dinner** 

Meat and Poultry

All of our meats are **hand cut** on premises

Dinners are served with the freshest salad ingredients available with your choice of dressing

Also served with fresh vegetables and your choice of rice pilaf, brown rice, baked potato, French fries
 homemade mashed potatoes

- NY Shell Steak** \$19.99
 1 lb. Traditional NY steak house favorite is well marbled for great flavor and tenderness topped with herbed butter
- Prime Rib of Beef au Jus** \$18.99
 Succulent, slow roasted rib of beef with natural juices
- Filet Mignon** \$20.99
 10 oz. the most tender of cuts with great beef flavor

Filet Scampi	\$23.99
<i>Tender Filet Mignon pan seared, topped with Rock shrimp scampi</i>	
Cowboy Steak	\$24.99
<i>24 oz. French cut rib steak, pan seared with Southwestern spices</i>	
Stuffed Boneless Pork Chops	\$16.99
<i>Loin chops stuffed with dried fruits & cornbread stuffing, pan roasted served with pork pan sauce</i>	
BBQ Ribs	\$17.99
<i>Tender baby back pork ribs, slow roasted with our own BBQ glaze</i>	
Cranberry Duck	\$16.99
<i>½ Long Island duckling slow roasted served with a sun dried cranberry brandy sauce</i>	
Chicken Francaise	\$17.99
<i>Boneless breast egg battered, pan fried in fresh lemon, white wine and butter sauce</i>	
<i>For something different...try it over pasta</i>	
Chicken Roma	\$17.99
<i>Boneless breast of chicken sautéed Francaise style topped with asparagus, tomato, melted provolone cheese and lemon sauce</i>	
Penne Chicken Asparagus	\$16.99
<i>Boneless chicken breast sautéed with fresh asparagus, mushrooms, tomato & fresh herbs in a white wine sauce over penne</i>	
Chicken Carnivale	\$17.99
<i>Boneless chicken breast pounded with prosciutto layered with roasted peppers, fresh mozzarella in a port wine reduction served with rice pilaf and fresh vegetables</i>	
<u>The Ocean's Perfect Bounty</u>	
Tuna Neapolitan	\$18.99
<i>Sushi quality Ahi tuna pan seared with olives, onions, tomatoes served on sautéed spinach in a caper lemon sauce</i>	
Seafood Manhattan	\$21.99
<i>Shrimp, scallops & fresh seafood sautéed with capers, fresh tomato & herbs in a roasted garlic sauce served over linguini</i>	
Salmon Mediterranean	\$17.99
<i>Fresh wild salmon filet, pan seared with olives, tomatoes, red onion & capers in a white wine sauce on sautéed spinach</i>	
Scrod Oreganata	\$16.99
<i>Fresh broiled Boston with oreganato bread crumbs & white wine lemon sauce</i>	
Seafood Kabobs	\$17.99
<i>Shrimp, scallops & fresh seafood served over your choice of brown rice or rice pilaf</i>	

Pastas

- Penne Rustica** \$22.99
Shrimp & filet mignon tips sautéed with fresh tomato, baby spinach & herbs in a roasted garlic white wine sauce over penne
- Angel Hair Shrimp & Scallops** \$18.99
Rock shrimp & sea scallops sautéed in a scampi sauce over angel hair pasta
- Ravioli** \$11.99
Six ravioli filled with cheese served with marinara sauce..make it parmigiana \$2.00
- Manicotti** \$12.99
Traditional egg pasta filled with 3 cheeses, baked in marinara sauce topped with melted mozzarella
- Penne in Pink Vodka Sauce** \$12.99
Penne pasta sautéed with shallots, garlic, prosciutto and fresh herbs in a pink vodka sauce...if you prefer no meat, please tell your server
- Pasta Bolognese** \$13.99
Traditional Italian meat sauce with beef, veal & pork slow cooked with Pomodoro tomatoes served with your choice of linguini, penne or angel hair pasta

Salads

- Mediterranean Salmon Salad** \$8.99
Grilled salmon filet on baby greens with green olives, red onions, capers, garlic croutons with dressing of your choice
- Caesar** \$6.99
Crisp fresh romaine with garlic croutons & parmesan cheese tossed with traditional Caesar dressing
Add grilled chicken \$2.50, flank steak \$4.00, jumbo shrimp \$5.00
- Trevisano Salad** \$11.99
4 Jumbo shrimp wrapped with prosciutto and double smoked bacon, pan seared over baby spinach salad with mandarin oranges finished with an orange vinaigrette
- Asian Chicken Salad** \$8.99
Grilled chicken breast, wasabi peas, fresh pineapple, baby greens and red onion, tossed with peanut dressing
- Warm Duck & Walnut Salad** \$9.49
Braised Long Island duckling, glazed walnuts and gorgonzola cheese on baby greens with raspberry vinaigrette
- Steak Salad** \$10.99
Grilled flank steak & topped with prosciutto, roasted peppers & melted fresh mozzarella on greens served with our famous homemade balsamic vinaigrette
- Shrimp Salad** \$11.99
5 Jumbo shrimp, grilled, served on baby spinach with goat cheese, sliced mushrooms and warm bacon balsamic vinaigrette

- Chicken Club Salad** \$8.99
Grilled Chicken, bacon, teardrop tomatoes, croutons & romaine lettuce tossed with fresh basil vinaigrette
- Southwest Cobb Salad** \$8.99
Grilled Cajun chicken, hard boiled eggs, bacon, bleu cheese with your choice of dressing add sliced steak \$2.00
- Taco Salad...An EXCHANGE favorite** \$8.99
Beef or grilled chicken, refried beans, chopped tomatoes & shredded lettuce, cheddar & jack cheese with salsa and sour cream served in a homemade tortilla shell

 **Mexican** 

- Enchiladas** \$11.99
Three corn tortillas filled with your choice of beef, grilled chicken or cheese baked with our special enchilada sauce served with Mexican rice & beans
- Burritos** \$11.99
Beef, chicken or bean wrapped in a large flour tortilla topped with cheddar jack cheese & sauce, served with Mexican rice & beans
- Grande Chimichanga** \$12.99
12 inch flour tortilla stuffed with beef or chicken, deep fried, topped with melted cheddar, jack cheeses & sauce served with Mexican beans & rice
- Veggie Burrito** \$10.99
Fresh vegetables & cheese wrapped in a flour tortilla topped with sauce & melted cheese served with Mexican rice & beans
- Tacos** \$8.99
Three corn tacos filled with beef or chicken topped with cheddar cheese, lettuce & tomato served with rice, beans, salsa

 **Burger Board** 

8 oz. Fresh ground beef, charcoal grilled, served on a bakery fresh kaiser roll with lettuce, tomato, French fries, cole slaw and pickle or substitute a tossed salad

- All American** \$6.50
Cooked to your preference
- Cheese Burger** \$7.50
American, cheddar, Swiss or mozzarella
- Bacon & cheese** \$8.50
Double smoked bacon & your choice of cheese
- Bleu Cheese** \$7.99
Fresh crumbled bleu cheese on a burger cooked to your specification

Swiss & mushroom	\$7.50
<i>Alpine Swiss & sautéed mushrooms</i>	
Texas Longhorn	\$8.50
<i>Bacon, raw onion, cheddar cheese & BBQ sauce</i>	

Sandwiches

All sandwiches are served with French fries, coleslaw & pickle or if you prefer, substitute a healthy fresh tossed salad with your choice of dressing

Grilled Chicken	\$6.99
<i>Boneless breast with lettuce, tomato on multi grain bread served with a side of mayonnaise</i>	
Turkey Panini	\$7.99
<i>Slow roasted turkey breast with caramelized onion, sautéed mushrooms, peppers and melted mozzarella on grilled Focaccia bread</i>	
French Dip	\$7.99
<i>Slow roasted beef topped with melted mozzarella cheese, served on a bakery fresh sub roll with au jus dipping sauce</i>	
Turkey Club Wrap	\$7.99
<i>Fresh roasted turkey breast, crisp bacon, lettuce, tomato & mayonnaise in a wrap</i>	
Buffalo Chicken Club	\$7.99
<i>Breaded chicken cutlet fried, topped with melted Swiss cheese, hot sauce, bacon, lettuce & tomato on fresh country bread with a side of ranch dressing</i>	
Roasted Vegetable Sandwich	\$7.99
<i>Roasted peppers, zucchini, yellow squash, eggplant, portobello mushrooms, onions and melted goat cheese, with a roasted garlic aioli served on cibata bread</i>	
Grilled Cheese with bacon and tomato	\$6.99
Steak Panini	\$8.99
<i>Grilled flank steak with mushrooms, caramelized onions, Alpine Swiss cheese served on country bread</i>	

Platters

German Pork Platter	\$12.99
<i>Braised pork loin with bacon, sauerkraut, apples & a white wine sauce served with homemade mashed potatoes & fresh vegetables</i>	
London Broil	\$13.99
<i>Flank steak in a mushroom sauce served with homemade mashed potatoes & fresh vegetables</i>	
Fish & Chips	\$10.99
<i>Fresh Scrod Filet battered & fried served with seasoned waffle fries</i>	
Pops Platter	\$12.99
<i>Traditional Pot Roast with homemade pan gravy served with homemade mashed potatoes & fresh vegetables</i>	
Hot Turkey Platter	\$11.99
<i>Slow roasted turkey breast with homemade stuffing, turkey gravy served mashed potatoes & fresh vegetables</i>	

For the Little Ones

(under 12)

All meals served with soda in a kid's cup and a chocolate chip cookie

Substitute a salad, fresh vegetable or rice for fries

All children's choices are available for \$4.95

Spaghetti with butter and cheese

Chicken Fingers and French fries

Cheeseburger and French fries

Hot dog and French fries

Spaghetti and meatballs

Grilled cheese and French fries

We value your opinion

to help us continue on to our next 20 years of serving our community

Please be sure to fill out our comment card

with any suggestions you may have on

making your visit here more pleasurable

The staff and management thank you for being here and hope to see you again soon!!! ☺

Please note...a gratuity of 18% will be added to parties of 10 or more

Our newly renovated banquet room will be available

For all your holiday parties

Please feel free to ask for further details