



Starters, Share & Apps

Artichoke & Spinach Dip 10.99

parmesan & tortilla chips

Nachos 11.99

refried black beans, homemade pico de gallo, sour cream, warm cheddar cheese sauce

sautéed shrimp 5 pulled chicken 4 hanger steak 5 taco beef 3

Homemade Potato Skins 9.99

applewood smoked bacon or fresh broccoli & cheddar cheese with sour cream

Fried Calamari 11.99

cornmeal dusted & spicy plum tomato marinara

Littleneck Clam Steamers 13.99

Garlic, Butter & garlic bread
add another dozen 10

Jumbo Wings 15.99

buffalo sauce, BBQ, teriyaki, Gochujang (Korean pepper sauce), ancho chili glaze or honey lime siracha

Fresh Mussels the Exchange Way 12.99

bacon, onions, grape tomatoes, white wine, lemon & butter sauce

Quesadilla 8.99

cheddar jack cheese, Homemade pico de gallo
sautéed shrimp 5 pulled chicken 4 hanger steak 5

Chicken Fingers 8.99

served with honey mustard...add fries 2

Mozzarella Sticks 7.99

breaded & fried mozzarella with plum tomato marinara

Shrimp Bruschetta 12.99

12 Shrimp in garlic butter served with garlic toast

Carlo's Fried Meatballs 8.99

Homemade Meatballs w/marinara sauce

Bavarian Pretzels 8.99

With cheddar cheese dipping sauce

Pizza Fries 10.99

Marinara, Mozzarella, pepperoni

Salads & Soups

Bowl of Homemade Pasta & Fagioli 8

Bowl of Homemade Stracciatella w/ Spinach 7

Cobb Salad 10.99

Mixed greens, tomato, hardboiled egg, avocado, bacon, blue
cheese crumbles, blue cheese dressing

Add Chicken breast 4 Hanger steak 6

Apple and Walnut Salad 10.99

Arugula, crumbled blue cheese with lemon vinaigrette
Add Chicken Breast 4 Hanger steak 6

Steak and Arugula Salad 16.99

Hanger steak, arugula, red onions, tomato, blue cheese crumbles

Grilled Salmon Salad 16.99

Mixed greens, carrot, cucumber, tomato, avocado, soft boiled egg,
lemon herb vinaigrette

Caesar Salad 8.99

Romain, croutons, parmesan cheese, Caesar dressing
Hanger steak 6 chicken Breast 4

Wedge Salad 9.99

Iceberg lettuce, bacon, tomatoes, red onion & crumbled bleu
cheese topped w/ bleu cheese dressing

Grilled Chicken Salad 12.99

Cajun Or Plain Grilled chicken, lettuce, tomato, cucumbers, carrots,
crumbled bleu cheese choice of dressing

Burgers

Fresh certified angus beef burgers come with lettuce, tomato, red onion,
fries & a dill pickle

Substitute House salad for Fries

Sub a beyond burger for \$5

Boro Burger 10.99

8oz sirloin blend patty add cheese 1

Bacon & Brie 13.99

Thick cut cedar smoked bacon & apricot jam

Irish Cheddar Burger 15.99

Caramelized onion, Irish cheddar cheese, bacon mayo

The Exchange Burger 15.99

Onion rings, cheddar cheese sauce, BBQ sauce, cedar smoked bacon

Beyond Burger 15.99

Vegan plant-based burger served on a multi-grain roll with homemade pesto, lettuce, tomato, onion

Patty Melt 11.99

Sautéed onions, swiss cheese, open faced on rye bread

Sandwiches & Wraps

Smoked Ham & Brie 10.99

Shredded romaine, tomato, whole grain honey mustard on a hero roll

Hanger Steak 14.99

Caramelized onion, aged cheddar, herb aioli, romaine lettuce on house made focaccia bread

Cheesesteak 11.99

Grilled chopped chicken breast or Steak

Roasted bell pepper, caramelized onion, cheddar cheese sauce on a hero roll

Buffalo Chicken Club 13.99

Breaded chicken breast, romaine, tomato, bacon, blue cheese dressing on hero roll

Crispy Fish Sandwich 11.99

Panko breaded cod fish, lettuce, tomato, tartar sauce, on brioche roll

Grilled Chicken Sandwich 11.99

Basil pesto, house made fresh mozzarella, tomato, romaine on a hero roll

Roasted Turkey Club 10.99

Toasted country white bread, smoked bacon, mayo, lettuce, tomato

Boro Burrito 8.99

Refried black beans, wild rice, pico de gallo, shredded romaine, cheddar sauce, tortilla chips & salsa

Add: hanger steak 6 pulled chicken 4 Sautéed shrimp 5 taco beef 4

French Dip 12.99

Thin sliced roast beef, swiss cheese, onions served with side of au jus

Beer Battered Fish & Chips 15.99

Steak fries & old bay tartar sauce

Classic BLT 9.99

Bacon, lettuce, and tomato with mayo on sourdough bread

Grilled Cheese 9.99

With bacon and tomato on sourdough bread

Carol's Chicken Wrap 13.99

Grilled chicken, spinach, roasted peppers, red onion, house made fresh mozzarella w/balsamic glaze in a wrap

Fried Chicken Sandwich 10.99

Buttermilk breaded chicken on brioche roll w/ homemade chipotle mayo & pickles

Open Faced Corned Beef Reuben 14.99

Corned beef on rye bread w/sauerkraut, thousand island dressing and swiss cheese

Corned Beef on Rye 12.99

Annette's Chicken 13.99

Grilled chicken topped with tomato, roasted peppers house made fresh mozzarella balsamic glaze and served over sautéed spinach with garlic

Carlo's Parms

Mozzarella, plum tomato sauce and Carlo's house made fresh mozzarella on choice of house made pizza bread or hero roll served with house made potato chips

Homemade Meatballs Parm 10.99

Homemade Sausage Parm 10.99

Carlo's family recipe for homemade sausage

Hand Breaded Eggplant Parm 10.99

Hand Breaded Chicken Parm 12.99

Hand Breaded Veal Parm 14.99

Pizza & Flatbreads

Your choice of classic pizza or flatbread

Toppings 2 dollar each:

mushrooms, bell pepper, onion, broccoli, grilled chicken, sausage, pepperoni

Margarita 12.99

San Marzano plum tomato sauce, house made fresh mozzarella, olive oil, basil, sea salt

Cheese 10.99

San Marzano plum tomato sauce, shredded mozzarella

White 12.99

Ricotta, shredded mozzarella, olive oil & sea salt

BBQ Chicken 13.99

Grilled chicken, BBQ sauce, caramelized onions, bacon, mozzarella cheese and ranch dressing

Tacos

All tacos come with refried black beans, wild rice blend, shredded romaine, pico de gallo & chipotle sauce.

Three tacos per order on crispy corn or soft flour tortilla

Grilled Hanger Steak 16.99**Pulled chicken 13.99****Sautéed Shrimp 16.99****Crispy Cod 14.99****Taco Beef 14.99****Entrée****Chicken Your Way 20.99**

Choice of francaise, marsala, piccata with capers, pizzaiola, limone or parmigiana over pasta, rice, or potato

Veal Your Way 22.99

Choice of francaise, marsala, piccata with capers, pizzaiola, limone or parmigiana over pasta, rice, or potato

Seafood Platter 24.99

Clams, mussels, shrimp, and scallops over linguini
Marinara or Fra Diavolo Sauce

Seared Salmon 22.99

Wild rice blend, broccoli, topped with homemade arugula almond pesto

12 Oz. NY Strip 32.99

Baked potato, broccoli spears, roasted garlic herb butter

Annette's Chicken 21.99

Grilled chicken topped with tomato, roasted peppers, house made fresh mozzarella, balsamic glaze served over sautéed spinach and garlic and side of rice

Pasta

All served with house salad and bread

Gnocchi Bolognese 17.99

Potato pasta in a creamy meat sauce

Spaghetti Carbonara 16.99

Cedar smoked bacon, onion, parmesan ...add chicken 4

Bacon Mac & Cheese 14.99

Topped w/garlic breadcrumbs

Linguini & Clam Sauce 17.99

White or red sauce

Rigatoni Amatriciana 17.99

Rigatoni with pancetta and onions in tomato basil sauce

Penne Fresca 18.99

Homemade sweet Italian sausage, grilled chicken, fresh mozzarella, parmesan, fresh plum tomato basil sauce

Eggplant Parmigiana 16.99

Handed breaded eggplant w/ marinara sauce & house made house made fresh mozzarella served over your choice of pasta

The Happy Larry 13.99

Spaghetti with homemade meatballs in tomato sauce

Vegetable Sides

Broccoli Crowns 6

Baked Potato 3

Onion Rings 6

Herb Roasted Potatoes 5

Fry Sides

House Fries 5

Steak Fries 5

Curly Fries 5

Waffle Fries 5

Kids Menu 6

All kids' meals come with a cookie

Chicken Fingers & Fries

Mac & Cheese

Spaghetti & Meatballs in a Red Sauce

Grilled Cheese & Fries

Kids Burger & Fries

2 Hot Dogs & Fries